

Resources for Parents/Caregivers of Children with Disabilities and Diverse Abilities

Family Support Institute: Families feeling high levels of stress and anxiety and who may benefit from peer to peer support can participate in phone conversations, Facetime, Zoom calls, or text messaging. These peer to peer supports provide opportunities to share, listen, learn and connect with families facing similar challenges, fears and questions.

Visit: [Family Support Institute](#)

Inclusion BC: provides advocacy support to BC students with intellectual disabilities and their families. This could mean connecting families with school and community resources or helping families to advocate for the services they need.

Visit: [Inclusion BC](#)

Additional supports and resources for parents and caregivers of children with disabilities and diverse abilities may be found on the following pages:

- [Special Needs Child Care Subsidy](#)

Parents and caregivers with children with Autism Spectrum Disorder (ASD) can access additional resources from:

- MCFD: [Autism Funding](#)
- [Pacific Autism Family Network](#)
- [The Autism Society of BC: Autism BC](#)
- [POPARD Family-School Liaison Service](#)

Parents and caregivers with children with Fetal Alcohol Spectrum Disorder (FASD) can access additional resources from:

- [POPFASD- Caregiver Resource Guide](#)
- [Children and Youth with Special Needs \(CYSN\)](#)
- [Key Worker and Fetal Alcohol Spectrum Disorders \(FASD\)-related Supports and Services](#)

Parents and caregivers with children who are Blind or Visually Impaired can access additional resources from: